

The PPS-UPEC Committee @ 26



26 Years of the PPS Undergraduate Pediatric Education Curriculum Committee

10th PPS-UPEC Q&A Forum, April 28, 2026, Conrad Manila

CARMELO A. ALFILER, MD, FPPS, FPSN, FPNSP

Professor Emeritus of Pediatrics

UP College of Medicine, UP Manila

Chair, PPS Undergraduate Pediatric Education Curriculum Committee

The PPS Undergraduate Pediatric Education Curriculum (UPEC) Committee: Beginnings

- Council on Training and Continuing Pediatric Education
- Committee on Undergraduate Pediatric Education **(Year 2000)**
- Chair: Perla D. Santos Ocampo, MD
- Co-Chair: Esperanza F. Rivera, MD
- Members: Ramon L. Arcadio, MD, President, APMC
Elvira M. Abreu, MD, Department Chair, MCU-FDTMF
Carmelo A. Alfiler, MD, Department Chair, UPCM-PGH
Reynaldo B. de Vega, MD, Department Chair, FEU-NRMF
Miguel L. Noche, Jr., MD, Department Chair, UST
Josefina C. Resurreccion, MD, Department Chair, UERMMMC

The PPS Undergraduate Pediatric Education Curriculum (UPEC) Committee: Beginnings

- **Year 2000**
PPS-UPEC COMMITTEE:
Function and Action Plans
- **Function:** To develop **innovative and sustainable programs that will enhance the teaching and practice of Pediatrics in the undergraduate years** ensuring a **strong foundation in knowledge and clinical skills** for the future general practitioner and pediatric specialist/subspecialist



PPS-UPEC COMMITTEE:

Function and Action Plans



• Action Plans:

1. To produce a **core syllabus** in undergraduate Pediatrics
2. To introduce **guidelines** in the teaching and practice of Pediatrics in medical schools relevant to the Philippine setting
3. To study other **strategies/mechanisms by which Philippine Pediatrics can be promoted** in a proactive manner as early as in the undergraduate years
4. To **monitor and evaluate** periodically the effectiveness and relevance of the above activities

The PPS-UPEC Committee: Outputs

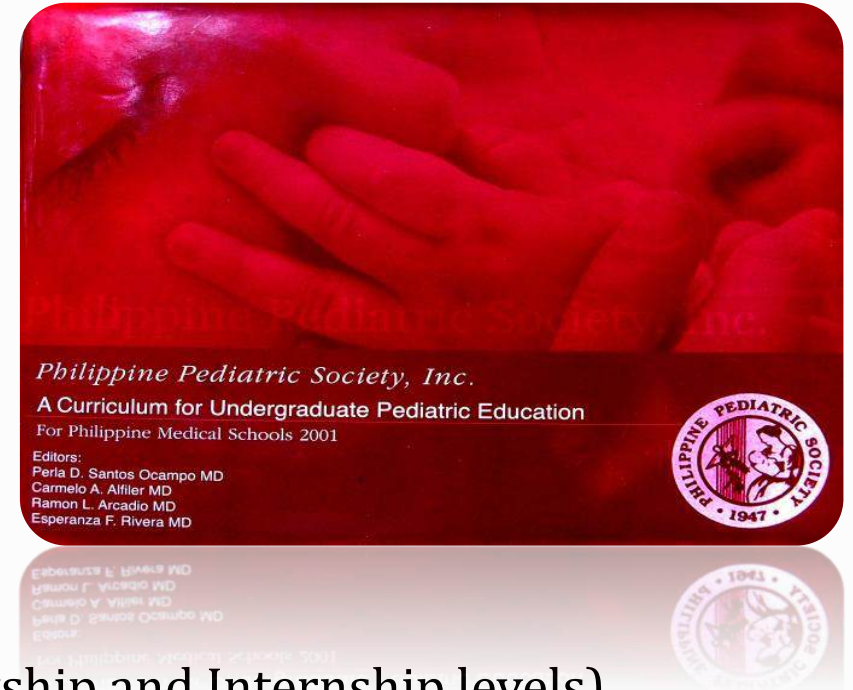
- **2001: Publication of the UPEC Manual**

Editors: PD Santos Ocampo, CA Alfiler,
RL Arcadio, EF Rivera
Facilitator: CF Mencias

- **Coverage of the Competency-based Curriculum**

31 Modules: Pediatric Diagnosis & Procedures (2)
Organ System Disorders (18)
Selected Topics (11)

Design: Terminal Competencies (Clinical clerkship and Internship levels)
Contents
Suggested Teaching-Learning Activities
Suggested Evaluation Techniques

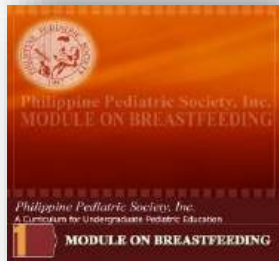


The PPS-UPEC Committee: Outputs

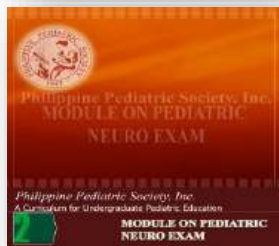
- **2001 – 2008:**



- **Manual's hard and e-copies** were distributed widely; APMC, PRC, DOH, WHO, CHED, UNICEF, medical schools, HAB hospitals, pediatric department chairs, PPS members and libraries received copies



- **Breastfeeding module** was expanded in 2009



- **Teaching CDs on breastfeeding & pediatric neuro exam** were produced, also distributed widely

- **Feedbacks** re utilization of materials were solicited

The PPS-UPEC Committee: Outputs

- **From 2009:**

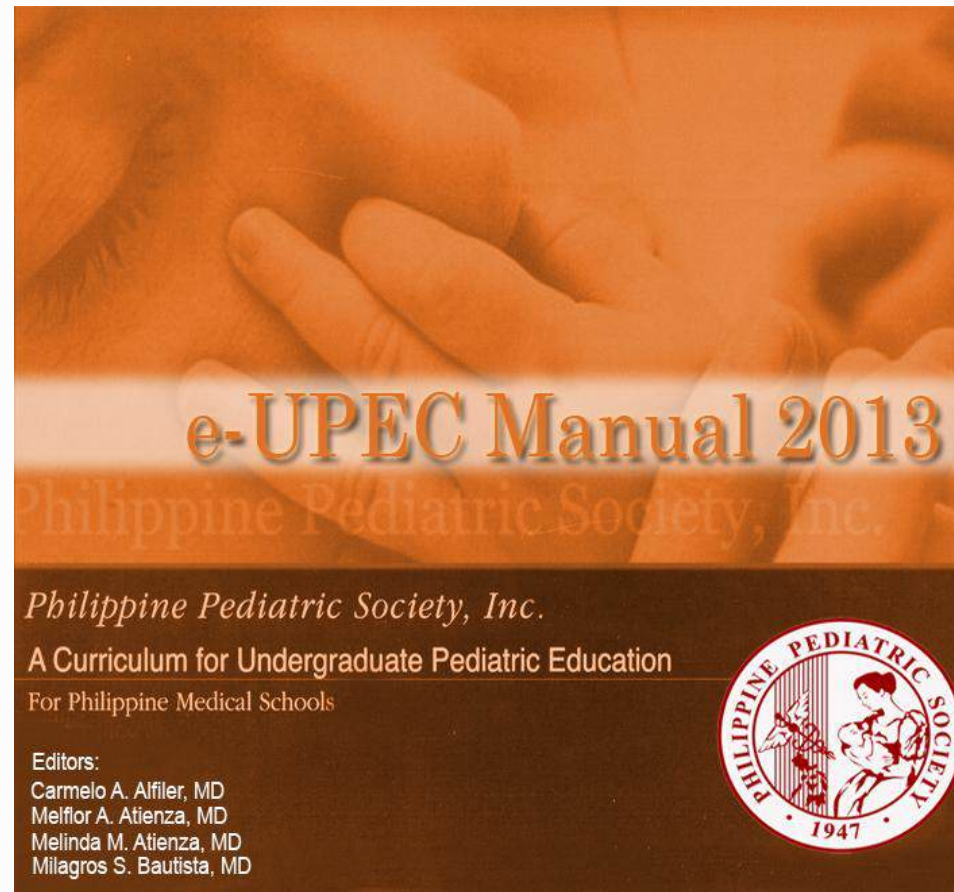
- Seminar-workshops on **“Innovative Teaching Strategies in Undergraduate Pediatrics”** for faculty of Philippine medical schools (crash MHPed course); emphasis on reinforcements through learning year levels
- Overview, Special Topics (Medical Ethics, Medical Informatics, Child Abuse & Neglect)
- NCR Group (July 2009), Non-NCR (April 2010, Oct. 2010)

The PPS-UPEC Committee: Outputs, Related Activities

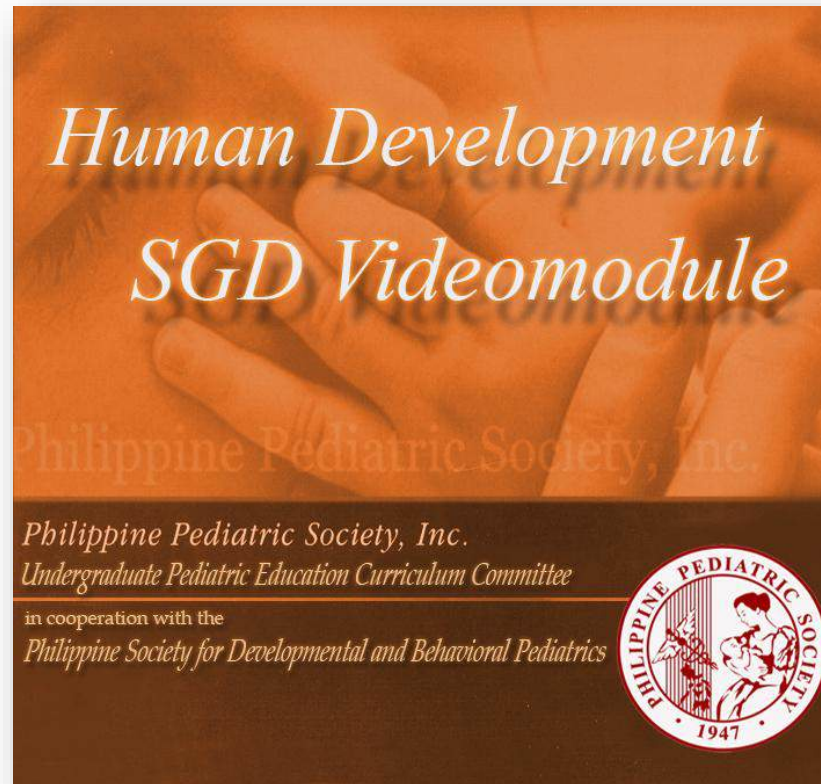
Feb. 12-13, 2013

- **Workshop:** TO REVISIT THE UNDERGRADUATE PEDIATRIC EDUCATION CURRICULUM (2001 PPS-UPEC Manual with its later enhancements:
 - e-copy 2009, Breastfeeding
 - Growth & Development, Nutrition/Nutritional Disorders, Adolescence 2011
- ENSURING EFFECTIVENESS AND RELEVANCE
- **Facilitator:** Melflor A. Atienza, MD, MHPEd
 - **Nationwide Participants:** APMC-medical schools, HAB-accredited training programs, subspecialty societies/sections, invited experts

Revisited UPEC Manual, 2013: (Congruent with OBE)



Developmental Pediatrics Videomodule (with Teacher's Guide), launched with e-UPEC Manual 2013



The PPS-UPEC Committee: Outputs, Related Activities

From 2013

- **Teaching CD modules:** Art of History Taking, Skin Rashes, Interpretation of Urinalysis, Others in Pipeline
- Periodic Evaluation & Feedback
- **Q & A Fora, from 2015**
- **Uploading Manual & Teaching CD Modules in PPS website**
(www.pps.org.ph/CPD/UPECC)
- **Revision of e-UPEC Manual 2013 →→ OBE design**

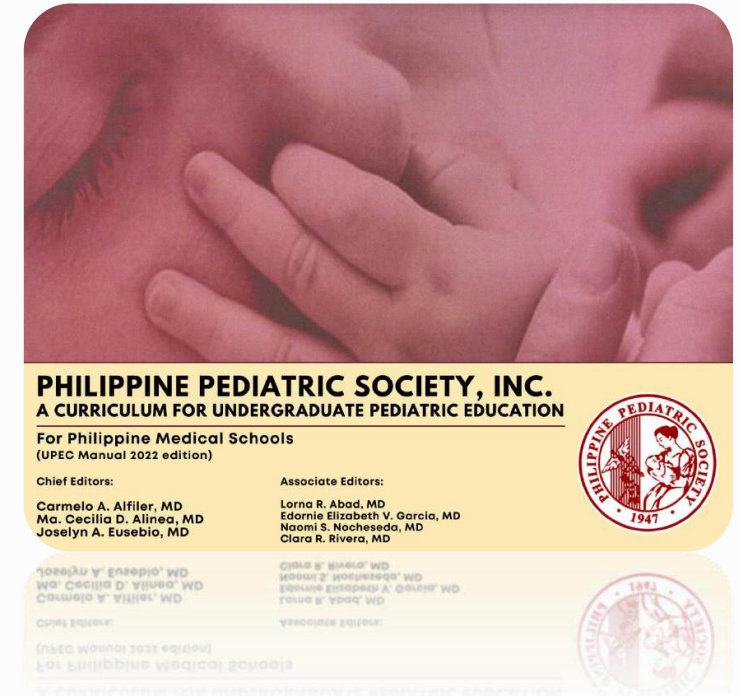
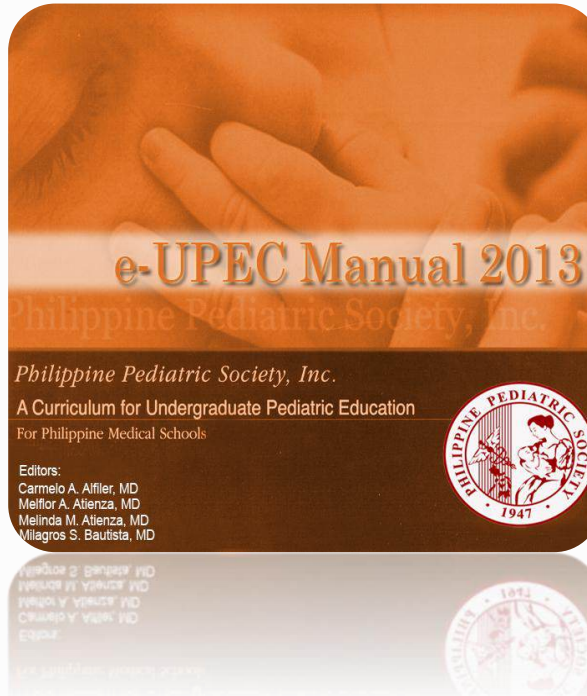
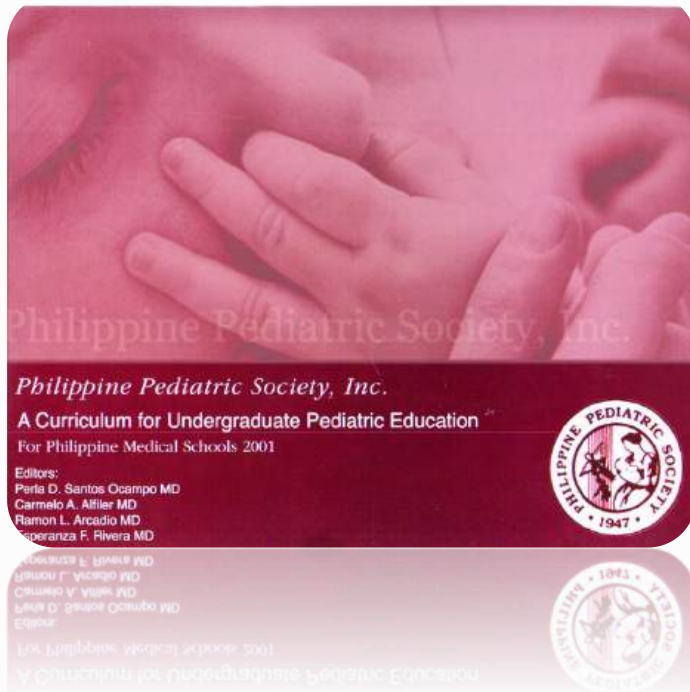
Q & A Fora meant to reinforce UPEC Manual (All lectures delivered by Ma. Cecilia D. Alinea, MD, MHPEd)

- **1st Forum, April 21, 2015**, “Core Pediatric Topics: Enhancing the Teaching-Learning Environment through Relevant and Effective Strategies and Evaluation Methods”
- **2nd Forum, April 5, 2016**, “Facilitating Case-Based Discussions in Undergraduate Pediatrics”
- **3rd Forum, April 4, 2017**, “Assessing Undergraduate Trainees’ Knowledge, Skills and Attitudes”
- **4th Forum, April 10, 2018**, “Triangulation in OBE Assessment”
- **5th Forum, April 9, 2019**, “ Learning in the 21st Century: Blended Strategies for Better Outcomes”
- **6th Forum (Virtual)**, June 24, 2021, “Virtual Core Competency Learning amidst the Pandemic: The Use of Telemedicine in Undergraduate Pediatrics”
- **7th Forum (Virtual)**, May 22, 2022, “How to Navigate the Revised UPEC Manual (2022 Edition): Tools that Bridge Classroom to Workplace Using the OBE Approach”

UPEC Manual 2001

e-UPEC Manual 2013

UPEC Manual 2022



UPEC Manual 2022



PHILIPPINE PEDIATRIC SOCIETY, INC. **A CURRICULUM FOR UNDERGRADUATE PEDIATRIC EDUCATION**

For Philippine Medical Schools
(UPEC Manual 2022 edition)

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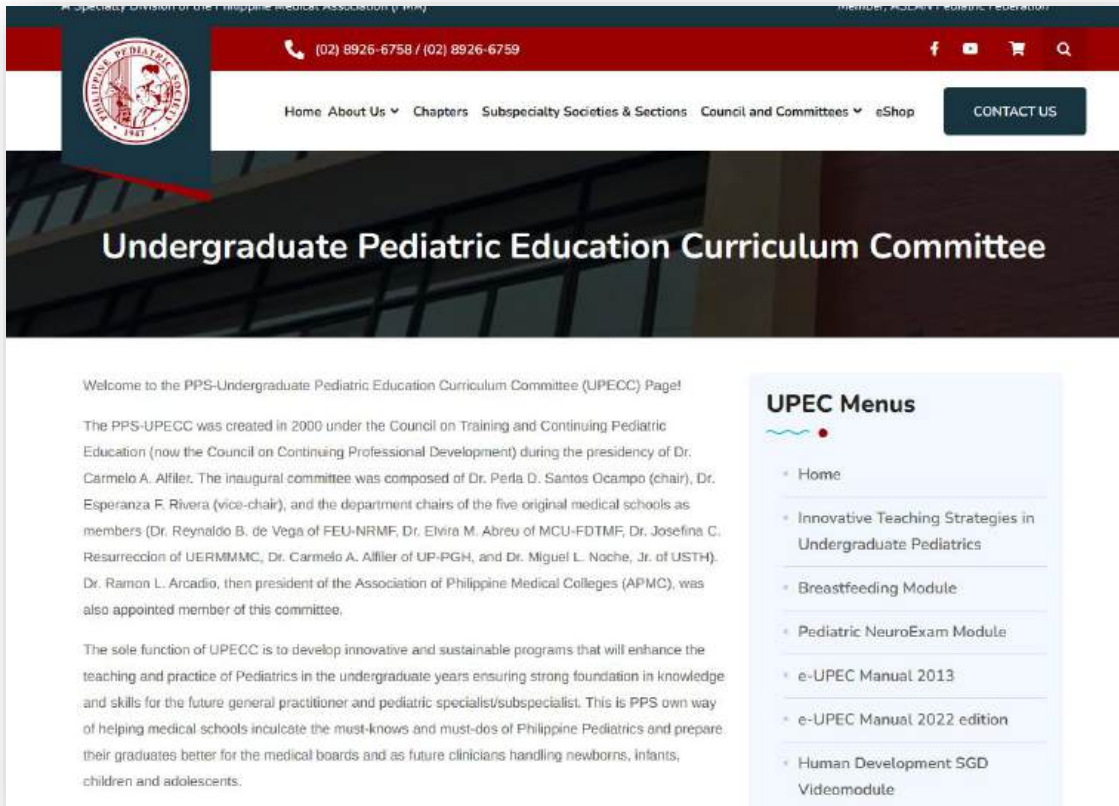
The PPS-UPEC Committee @ 26



PPS UPEC Manual 2022

- Completely outcome-based curriculum (CHED's 10 Learning Outcomes)
- Contributors: Experts from 2013 edition, generalists and subspecialists
- Table of Contents:
 - Core Modules (8)
 - Disorders/Diseases/Problems (16)
 - Selected Topics (6)
 - Glossary of Terms
 - General and Specific References
- TLAs and Eval methods are adaptable to F2F, online, and hybrid sessions

UPEC Committee Page, UPEC Manual 2022 edition, PPS website (<https://pps.org.ph/council-and-committees/council-on-continuing-professional-development/undergraduate-pediatric-education-curriculum-committee/>)



Welcome to the PPS-Undergraduate Pediatric Education Curriculum Committee (UPECC) Page!

The PPS-UPECC was created in 2000 under the Council on Training and Continuing Pediatric Education (now the Council on Continuing Professional Development) during the presidency of Dr. Carmelo A. Alfiler. The inaugural committee was composed of Dr. Perla D. Santos Ocampo (chair), Dr. Esperanza F. Rivera (vice-chair), and the department chairs of the five original medical schools as members (Dr. Reynaldo B. de Vega of FEU-NRMF, Dr. Elvira M. Abreu of MCU-FDTMF, Dr. Josefina C. Resurreccion of UERMMMC, Dr. Carmelo A. Alfiler of UP-PGH, and Dr. Miguel L. Noche, Jr. of USTH). Dr. Ramon L. Arcadio, then president of the Association of Philippine Medical Colleges (APMC), was also appointed member of this committee.

The sole function of UPECC is to develop innovative and sustainable programs that will enhance the teaching and practice of Pediatrics in the undergraduate years ensuring strong foundation in knowledge and skills for the future general practitioner and pediatric specialist/subspecialist. This is PPS own way of helping medical schools inculcate the must-knows and must-dos of Philippine Pediatrics and prepare their graduates better for the medical boards and as future clinicians handling newborns, infants, children and adolescents.

UPEC Menus

- Home
- Innovative Teaching Strategies in Undergraduate Pediatrics
- Breastfeeding Module
- Pediatric NeuroExam Module
- e-UPEC Manual 2013
- e-UPEC Manual 2022 edition
- Human Development SGD Videomodule

Resurreccion of UERMMMC, Dr. Carmelo A. Alfiler of UP-PGH, and Dr. Miguel L. Noche, Jr. of USTH). Dr. Ramon L. Arcadio, then president of the Association of Philippine Medical Colleges (APMC), was also appointed member of this committee.

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Through time, UPECC has (1) produced several versions of a core syllabus (A Curriculum for Undergraduate Pediatric Education for Philippine Medical Schools, print edition in 2001, an edited e-copy in 2009, and the latest e-copy edition in 2013); (2) introduced guidelines in the teaching and practice of Pediatrics in medical schools relevant to the Philippine setting by way of seminars and workshops; (3) studied other strategies/mechanisms by which Philippine Pediatrics can be promoted in a proactive manner as early as in the undergraduate years (teaching CD modules in cooperation with PPS subspecialty societies and sections, Q&A fora with APMC-accredited medical schools pediatric department chairs during PPS annual conventions), and; (4) monitored and evaluated periodically the effectiveness and relevance of the above activities via feedbacks from sessions/fora participants, teachers and learners.

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Thank you very much for visiting this page regularly (not only as a major reference but also for future updates and downloadable materials).

CARMELO A. ALFILER, MD
Chair, PPS-UPECC, 2002-present
January 2019

Undergraduate Pediatrics

- Breastfeeding Module
- Pediatric NeuroExam Module
- e-UPEC Manual 2013
- e-UPEC Manual 2022 edition
- Human Development SGD Videomodule
- The Art of Pediatric History Taking
- Rashes in Children Module
- Urinalysis Module
- UPEC Committee Members
- PPS UPEC Forum Lecture Slides

The 8th UPEC Forum, April 2024

**Topic: “Designing a UHC-Relevant Primary
Pediatric Care Curriculum”**

Lecture: Ma. Cecilia D. Alinea, MD, MHPEd

**Reactors: Ramon L. Arcadio, MD, MHPEd, DrHum
Maria Minerva P. Calimag, MD**

The 8th UPEC Forum: PPS with PMA, APMC-Affiliated Medical Schools, PPS HAB-Accredited Training Programs



The PPS-UPEC Committee @ 26

9th UPEC Forum, April 7, 2025
with 84 APMC-affiliated medical schools & 121 PPS-HAB hospitals

- Topic: Adolescent Health and Transition Care
- Speakers: MICHELLE ANNE NOBLEJAS-MANGUBAT, MD
VANESSA-MARIA F. TORRES-TICZON, MD
MA. EMMA A. LLANTO, MD
- Reactors: MA. CECILIA D. ALINEA, MD, MHPed
IMELDA M. MATEO, MD

The 9th UPEC Q&A Forum in Pictures



The PPS-UPEC Committee @ 26

Cascading and feedback strategies

- My Professor Emeritus sessions with all PGH interns (UPCM and PGI groups) rotating in Pediatrics, every Wednesday, in blocks of 12 -14
 - Focus on core topics in Pediatrics
 - Orientation to UHC primary health care delivery
- Departments of Pediatrics of medical schools and HAB-accredited hospitals (especially those that host PGIs) use UPEC Manual 2022 as major reference during strategic and operational planning workshops for undergraduate, residency and post-residency fellowship programs
- The annual PPS-UPEC Q&A Fora provide the venue for timely and relevant rejoinders to the UPEC Manual's contents

Curricular Adjustments: Next Years

- Reinforcement of UHC-relevant curriculum
- Not to forget good-to-know/nice-to-know topics directed toward apex hospital-based training programs in Pediatrics
- Sustained focus on data gathering skills, physical diagnosis, approach to clinical diagnosis (clinical acumen), as basis for judicious management, especially in community setting; “the human touch”
- Inevitable role of AI in teaching-learning, especially for Gen Z and Gen Alpha faculty and students

PPS-UPEC Committee, 2025-2026

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(Under Council on Continuing Professional Development)

10th PPS-UPEC Q&A Forum



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 COMMITTEE ON UNDERGRADUATE PEDIATRIC EDUCATION CURRICULUM**

10th PPS UPEC Q&A Forum (F2F)

“Structured Mentoring Program for Medical Students and Postgraduate Interns”

TUESDAY, APRIL 28, 2026
 4:30 PM - 6:30 PM
 TAFT BALLROOM 1 & 2, CONRAD MANILA

1 PPS CPD UNIT

The
PHILIPPINE PEDIATRIC SOCIETY, INC.
Hymn

Pediatricians we are
 Gathered here and afar
 Called to offer our lives for a cause
 For our children we strive
 To sustain health and life
 Dedicated we rise to this cause

To the call we respond
 With one vision we bond
 All the children of the land
 We vow to serve and far beyond
 For God's tender loving hand
 We proudly stand

To the call we respond
 With one vision we bond
 All the children of the land
 We vow to serve and far beyond
 For God's tender loving hand
 We proudly stand

Music and Lyrics by Leo Quintio

Objectives:

At the end of this session, participants will be able to:

Specific:

1. Define structured mentoring and distinguish it from informal or ad hoc mentoring models.
2. Explain the significance of structured mentoring programs in improving learner well-being, professional identity formation, academic productivity, and program outcomes.
3. Outline a step-by-step framework for developing and implementing a structured mentoring program in undergraduate medical education including mentor selection, pairing, scheduling, and evaluation.
4. Identify common challenges in structured mentoring implementation and propose practical strategies to address them at the program level.

4:00 PM	Registration	
	Opening Ceremonies National Anthem PMA and PPS Hymns	
4:30 PM	Opening/Welcome Remarks	CESAR M. ONG, MD President, PPS, Inc.
	Overview/Introduction of Lecturers	CARMELO A. ALFILER, MD Professor Emeritus, Department of Pediatrics, UPCM-PGH, UP Manila, and Chair, PPS-UPEC Committee
5:00 PM	Lecture: Structured Mentoring Program for Medical Students & Postgraduate Interns	MA. CECILIA D. ALINEA, MD Medical Specialist, PGH, and Clinical Associate Professor, Department of Pediatrics, UPCM, and Co-Chair, PPS-UPEC Committee
5:30 PM	Reactors:	JINDRA H. TETANGCO, MD Chair, Dept of Pediatrics, College of Medicine, Dela Salle University Health Sciences Institute
		CARLOS E. PAGUIO, MD Clinical Faculty, Ateneo School of Medicine and Public Health, and Active Staff, Institute of Pediatrics, The Medical City
5:50 PM	Open Forum/Wrap-Up	LORNA R. ABAD, MD Professor Emeritus, Department of Pediatrics, UPCM-PGH, UP Manila, and Co-Chair, PPS-UPEC Committee
6:20 PM	Distribution of Certificates	
6:25 PM	Closing Remarks	WILFREDO R. SANTOS, MD Vice President, PPS, Inc.

EDWIN V. RODRIGUEZ, MD
Secretary, PPS, Inc.
Master of Ceremonies

Structured Mentoring



MA. CECILIA D. ALINEA, MD

Medical Specialist, PGH, and Clinical Associate Professor, Department of Pediatrics, UPCM, and Co-Chair, PPS-UPEC Committee



JINDRA H. TETANGCO, MD

Chair for Academics, Department of Pediatrics, De La Salle University Medical Center and Full Professor, DLISMHSI - College of Medicine



CARLOS E. PAGUIO, MD

Clinical Faculty, Ateneo School of Medicine and Public Health, and Active Staff, Institute of Pediatrics, The Medical City